



# **2019 Football Registration Information Packet**

**PLEASE CHECK OUR WEBSITE FOR ALL  
IMPORTANT DATES, DEADLINES AND  
UPDATES**

**[www.hseyouthfootball.com](http://www.hseyouthfootball.com)**

(Revised 4/29/2019)

Proud Partner of:





12690 Promise Road, Fishers, IN 46038  
[www.hseyouthfootball.com](http://www.hseyouthfootball.com)

Welcome to the 2019 Fishers-Hamilton Southeastern Youth Football League (FHSEYFL) season. The FHSEYFL continues to grow and provides a great opportunity for the families within the HSE School District.

The purpose of the Fishers-HSE Youth Football program is:

- To develop and maintain a properly supervised football league for Fishers youth in Kindergarten to sixth grades.
- To promote improved community relations by demonstrating an interest in the youth of our community.
- To encourage physical and mental growth through keen competition.
- To emphasize good citizenship and scholastic achievement.
- To nurture good sportsmanship and a sense of fair play.

FHSEYFL places a high priority on player safety. Recently, the league has partnered with USA Football to better train our coaches and staff on football fundamentals and safety of young athletes. All league head coaches are required to be USA Football trained and certified.

We hope that you have a rewarding and exciting season. Please review the following information and enclosures prior to kickoff of the 2019 season.

Please check our website frequently for league updates and make sure your email and cell phone are included on your registration form so you can receive email, voice, and text updates. You can also follow us on [Twitter](#), [@FishersYouthFB](#) and on Facebook by searching **FISHERSHSEFOOTBALL**.

This packet includes the following general information:

- 2019 Calendar
- FHSEYFL Flag and Tackle Leagues
- Uniforms
- Practices
- Off Season Conditioning Camp
- Travel Football Tryouts and Dates, Mini-camps, Evaluations and Dates
- Equipment

- A link to league rules
- Opportunities to Volunteer and Make a Difference

In advance, thank you for your time, participation, and commitment to our league. Thanks also to all of our league volunteers and sponsors. It is through the dedication of our many volunteers and supportive parents and sponsors that our league continues to thrive.

We welcome your comments, suggestions, and input. Please direct all inquiries and comments to Board President Tayt Odom at FHSEYFB@gmail.com

## **2019 Fishers-HSEYFL CALENDAR**

*(Please check the calendar on the league website for most up to date information. Dates below are for planning purposes, and subject to change.)*

May 1- May 31: Coaching applications accepted at the SPORTS Office. Applications are available on the football website.

May 1-May 31: Regular Fishers-HSEYFL Football Sign-up on-line at [HSESPORTS.org](http://HSESPORTS.org) or [hseyouthfootball.com](http://hseyouthfootball.com). Late registrations accepted for an additional \$10 fee June 1 – June 15.

May 30 – July 11: Summer Conditioning Camp: Tuesdays and Thursdays from 7:30-8:30 pm. Please check the calendar on the hseyouthfootball.com website for any updates or changes. It is highly recommended to help your child get into shape and get used to the heat.

June 23: Mandatory Coaches Clinics: Each coach MUST attend the coaching clinic to be considered for a coaching position, including assistant coaching positions. This day will include a clinic by both USA Football and HSE High School coaching staff

**\*\*The Football Board also would like to welcome all parents that want to improve their football knowledge to attend the June clinics.**

**Equipment Handouts: ONLY 4 handouts this year. These will be the only times equipment is handed out. If you need equipment for HS summer camps make sure you attend one of the June dates.**

If you are using your own equipment, please attend one of these dates so the Board can ensure a proper fitting of your equipment. Your child will not be allowed to play until the equipment fit has been verified.

- June 1 Equipment handout- ALL GRADES 9 AM-12PM @ Mudsock Park
- June 4 Equipment handout- ALL GRADES 6 - 8 PM @ Mudsock Park
- June 12 Equipment handout- ALL GRADES 6 – 7:30PM @ Mudsock Park
- June 20 Equipment handout- ALL GRADES 6 – 7:30PM @ Mudsock Park

**\*\*PLAYERS MUST BE PRESENT AT EQUIPMENT HANDOUTS TO ENSURE A PROPER FITTING.**  
Equipment handout requires a \$250 deposit at the time equipment is issued. Please bring a check for the deposit when you attend equipment handout; this check will NOT be deposited and will be returned upon return of equipment at the end of the season.

July 15 – July 26 Mini-Camps for Tackle Leagues: 3rd through 6th Grade - 6:00pm – 7:30pm

Mini-camp will be held at Mudsock Fields. Specific practice times and dates will vary based on age. Please check the website for detailed times.

July 25-26 Mandatory Recreation League Evaluations

All players will be required to attend the evaluation specific to their age. If they are unable to do so, they will be placed in a blind draft. Coach's children who do not attend will automatically be taken in the first round of the draft.

6th Grade – July 26 7:30 PM Mudsock Fields

5th Grade – July 26 6:00 PM Mudsock Fields

4th Grade – July 25 7:30 PM Mudsock Fields

3rd Grade – July 25 6:00 PM Mudsock Fields

July 27: Football Draft – Head Coach & (1) designated Asst. Coach ONLY per team.

3rd Grade Tackle – SPORTS Office - Saturday July 27<sup>th</sup> - 8:00am

4th Grade Tackle – SPORTS Office – Saturday July 27<sup>th</sup> – 10:30am

5th Grade Tackle – SPORTS Office – Saturday July 27<sup>th</sup> – 1:00pm

6th Grade Tackle – SPORTS Office – Saturday July 27<sup>th</sup> – 3:00pm

August 3<sup>rd</sup> FHSE Football Kickoff Day at Mudsock Fields. All teams will have pictures taken, and other activities/events may be scheduled.

August 10<sup>th</sup> Opening Day of Recreation League Season

**\*\*GAMES WILL BE PLAYED ON SATURDAYS, AS WELL AS DURING THE WEEK UNDER THE LIGHTS. Schedules will be posted on the website.**

Sept. 23<sup>rd</sup> – 29<sup>th</sup> Tackle League Championship Week/Last Regular Season Game for Flag. Championship game will be held at Fishers High School Reynolds Tigers Stadium in 2019 on September 29<sup>th</sup>.

October (last week) Travel Team Tryouts - Tryouts for Knights.

# **FISHERS-HSE Youth Football Leagues**

## **Flag Football Leagues Kindergarten/First/Second grades**

This league is for any youth football player (male or female) in the HSE School District entering Kindergarten and 1st or 2nd grade who is at least five (5) years of age but not nine (9) years of age prior to June 1st of the current season. These are non-contact leagues for those youth who are ready to begin playing football.

Coaches will work with the players on teaching the fundamentals of the game in a fun and enjoyable atmosphere.

The Flag leagues will be divided separately into Kindergarten & 1<sup>st</sup> Grade, and 2nd Grade – no exceptions. The Flag leagues will honor only one request per player to be placed with a friend or for carpooling reasons.

No player will be allowed to play up a division.

Participation trophies are provided for all flag league participants.

## **3<sup>rd</sup> Grade Rookie Tackle League**

Fishers-HSE Youth Football has implemented USA Football's Rookie Tackle program for our 3rd Grade tackle league. This program provides a transition from flag football to 11 v 11 tackle football and is modeled after the Olympic American Development Model (ADM). ADM is a 5-stage model that focuses on universal participation, age appropriate activities, multi-sport participation, positive participation experiences and quality coaching.

Here's what you can expect for your 3rd grade athlete in our Rookie Tackle program:

7v7 Tackle Football

Players play multiple positions, with every player given the chance to run with the ball

Modified field size

Structured Playbooks allowing coaches to focus on fundamentals

Fishers-HSE Youth Football places an emphasis on player safety, training for our coaches, and creating a positive experience for our athletes. The 3<sup>rd</sup> grade rookie tackle league is a natural step between flag and tackle football.

## **4<sup>th</sup>- 6<sup>th</sup> Grade Tackle/Contact League**

Fishers-HSE Youth Football plays 11v11 tackle football for grades 4<sup>th</sup>-6<sup>th</sup>. Players will be placed at grade level, unless the player exceeds the age limit for their grade. If the player exceeds the age limit for their grade level, they must move to the next higher grade in which their age qualifies them for eligibility.

4<sup>th</sup> Grade - Any Player entering the 4th grade and not eleven (11) years of age prior to June 1st of the current season will play in the 4th grade tackle league. Weight restrictions for the 4<sup>th</sup> grade league are:

Minimum: The minimum playing weight is 45 lbs.

Ball Carrying: Offensive backs, ends, and receivers are not to exceed 95 lbs.

Line Only: Any player over 145 lbs. is restricted on offense to playing line only from tackle to tackle.

5<sup>th</sup> Grade - Any Player entering the 5th grade and not twelve (12) years of age prior to June 1st of the current season will play in the 5th grade tackle league. Weight restrictions for the 5<sup>th</sup> grade league are:

Minimum: The minimum playing weight is 60 lbs.

Ball Carrying: Offensive backs, ends, and receivers are not to exceed 105 lbs.

Line Only: Any player over 170 lbs. is restricted on offense to playing line only from tackle to tackle.

6<sup>th</sup> Grade - Any Player entering the 6th grade and not thirteen (13) years of age prior to June 1st of the current season will play in the 6th grade tackle team. Weight restrictions for the 6<sup>th</sup> grade league are:

Minimum: The minimum playing weight is 60 lbs.

Ball Carrying: Offensive backs, ends, and receivers are not to exceed 115 lbs.

Line Only: Any player over 170 lbs. is restricted on offense to playing line only from tackle to tackle.

Any youth 13 years of age prior to June 1st of the current season is ineligible for the league. There are three (3) years of eligibility for the tackle leagues. Any situation where a player is eligible for a 4th year of tackle will be evaluated on a case-by-case basis. Any youth player having a 4th year of eligibility for the tackle leagues due to false information provided about age in a previous season will be automatically ineligible for a 4th tackle season.

This league plays at Mudsock Park. The recreation season will end with an end-of-season playoff and championship game. Trophies are awarded to the championship game participants.

Grade	Weight Minimum	Backs/Ends/Receivers Weight not to exceed	Offensive Line Only if weight over
3 <sup>rd</sup>	Rookie Tackle	Rookie Tackle	Rookie Tackle
4 <sup>th</sup>	45	95	145
5 <sup>th</sup>	60	105	170
6 <sup>th</sup>	60	115	170

Please see the Travel Football Tryouts section below for All Star eligibility requirements.

**\*\* No player will be allowed to play up in any grade absent extraordinary circumstances approved only by the Rules Committee, the Board President and approved by the Board.**

### **Knights IEFA Travel Team and All-Stars – 5th/6th Grade**

The FHSEYFL has two opportunities to play travel football in 5th/6th Grade. The Knights Travel program and the Rec All-Stars (covered in the next section).

Knights Football is a program rich in tradition and built on the highest standards for building football character. The program was formed in 1999 by West Point graduate Rob Duffy on the foundations of discipline, character, and respect. Those standards are the fabric of Knights football; with tradition comes responsibility as former coach Luke Dunnuck will tell you, "Knights Football is a symbol of what our league stands for and has represented our league and the Fishers community for two decades." The Team plays in the Indiana Elementary Football Association (IEFA) League which includes the top level 5th and 6th grade teams from Central Indiana.

Tryouts for the Knights are typically the last week of October - the official dates will be announced at the end of the rec. season. Selection of the 2020 Team will be made by the first week of November. The Season officially starts with practices in mid-July, however, there are voluntary workouts and meetings that will be held during the Winter and Spring months leading up to that. Games typically start at the beginning of August and are scheduled on Saturday afternoon or evenings through the end of September. The State play-off games are scheduled on Saturday's in October. Knights are expected to practice and play during Fall Break.

There is an additional cost to play for the Knights that is dependent upon sponsorship levels during a given year. Home and away jerseys & pants along with helmets and shoulder pads will be provided.

"I am very honored to be named the Knights Head Coach and I hope to continue the rich tradition of Knights Football. Earning the right to be a Knight will require a great attitude coupled with great effort and a focus on the Team. The goal is a State Championship, but we will not lose sight of the life lessons that this great game gives us - preparation, discipline, perseverance, integrity. The promise is to teach these young men the meaning behind Strength & Honor." Head Coach, Andy Imes

### **All-Stars Player Selection Process (4th – 6<sup>th</sup> Grades)**

Recreation tackle league coaches will nominate players from each team after the 6<sup>th</sup> game of the regular season. Final selections for the All-Star teams will be determined near the conclusion of the recreation tackle league seasons by the All-Star Head and Assistant Coaches

and the tackle league commissioners for 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grades.

Practices and games for the All-Star Tournament may begin over Fall Break. Please take this into consideration when trying out or making plans during that time period. Players are expected to be available during Fall Break for practice and the All-Star tournament.

All-Star Coaches: The head coach of the 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade All-Star teams will be selected from all qualified coaching applicants received prior to the deadline set by the Football Board. The All-Star Coaches will be selected by the respective League Commissioners, Board President and the Coaches Committee, and approved by the Board.

## **UNIFORMS**

Flag Uniforms will consist of the following:

- Game Jersey – Provided by league
- Pants - provided by parent/guardian
- Mouthpiece – one will be provided initially by the league
- Cleats with plastic spikes – recommended – provided by parent/guardian

Tackle League equipment will consist of the following:

The league will supply the following equipment, subject to the required refundable deposit:

- Shoulder Pads;
- Helmet;
- Jersey
- Mouthpiece

Any player using his own shoulder pads and/or helmet must have them reviewed and approved by a member of the Board at equipment hand out.

Additional required equipment, to be provided by the player:

- Football Pants, including appropriate pads.
- Practice jersey

Additional optional equipment, to be provided by the player, and subject to review by the Board:

- Cleats with plastic spikes
- Football rib/back pads
- Neck-roll
- Receiver's Gloves
- Protective cup

Prohibited equipment

- Cleats with metal spikes;
- Tinted or colored visors.



- Any other equipment not approved by the board

## **EQUIPMENT HANDOUTS**

- Fishers-HSE Youth Football will loan a helmet and shoulder pads to all registered participants in return for an Equipment Deposit, in the amount of \$250, before equipment is issued to the registered participant.
- The Equipment Deposit will be returned to registered participants once equipment is returned at the conclusion of the season.
- Equipment Deposits will be cashed if equipment is not returned by the last equipment return date. No Refunds.
- Equipment is the property of the Fishers-HSE Youth Football and must be returned even after the deposit is cashed. This loan of equipment should never be confused for the sale of equipment.
- Registered participants must be present at the time of Equipment Handouts to ensure proper fitting.

## **EQUIPMENT RETURNS**

- Equipment returns will take place after the playoffs end, with extended time to return for players who are selected for an All-Star team. Please check with your coach and the FHSYFL social media accounts to ensure your equipment is returned. Failure to return your equipment by the end of the designated return periods will result in the loss of your equipment deposit.

## **PRACTICES**

The following applies to the recreation league program:

- Prior to the first game, each team is permitted a total of ten (10) practices with no more than three practices per week.
- A week is defined as Sunday through Saturday.
- Practices may be held on Sundays after 1:00 pm provided all parents agree. No Sunday practices after the first game.
- There will be a two-hour time limit for all practices.
- Guidelines for the amount of 'contact' allowed in a practice are being developed and will be communicated prior to the start of practice.
- Days of practices will be determined after the teams are formed. No more than two practices per week (after the first game) is allowed.
- Locations of practices for each grade are determined by the league in consultation with the SPORTS office. Locations will be announced after teams are formed. They are generally held at the following locations – Brooks School Park, Saxony Park, and Hamilton Proper Park

## **SUMMER CONDITIONING CAMP**

May 30– July 11 -FHSEYFL invites all 3<sup>rd</sup> – 6<sup>th</sup> grade (as of 2019-2020 school year) football players to participate in an off-season optional conditioning camp.

This camp will be held on the following nights and locations:

- Tuesday: 7:30 – 8:30 PM @ Mudsock Fields
- Thursday: 7:30 -8:30 PM @ Mudsock Fields

All participants in the conditioning program must be registered through S.P.O.R.T.S. for the 2019 season.

This is a voluntary program however it is strongly recommended for players to get into shape and begin dealing with inevitable hot weather.

There is no fee for conditioning camp.

## **2019 HSE HIGH SCHOOL YOUTH FOOTBALL CAMPS**

The Hamilton Southeastern HS Football program will hold its annual youth football camps in June and July for boys who will be entering grades 3 -8. Please visit their website at <http://www.hse.k12.in.us/HHS/athletics/football>.

## **2019 FISHERS HIGH SCHOOL YOUTH FOOTBALL CAMPS**

The Fishers HS Football program will hold its annual youth football camps in June and July for boys who will be entering grades 3-8. Please visit their website at <http://fisherstigersathletics.com/hq/camps-clinics/>

Thanks to HSE Coach Adam Morris and Fishers Coach Rick Wimmer for their support of youth football!

## **RULES**

League rules are available on the website at [www.hseyouthfootball.com](http://www.hseyouthfootball.com) under the coaches tab.

## **OPPORTUNITIES TO MAKE A DIFFERENCE**

### **COACH A TEAM**

We need quality, motivated individuals to instruct and guide a team of youth players. Please consider being a head coach or assistant coach. You can find coaching applications on our website [www.hseyouthfootball.com](http://www.hseyouthfootball.com) under the coaches tab. Coaching applications are due to SPORTS office by May 31<sup>st</sup>, 2019.

## **BECOME A SPONSOR**

OUR YOUTH PROGRAM CANNOT BE FUNDED ON REGISTRATION FEES ALONE!

Sponsorship money helps pay for much needed capital improvements, field maintenance, referee fees, equipment, uniforms, trophies, and awards. We have some great opportunities for your contribution to be recognized throughout the community. Sponsorship fees may be tax deductible as a promotional expense or as a charitable contribution (we are a 501(c)3 organization). More importantly, your contribution and sponsorship are ultimately helping the youth of our community. Please contact Todd Reed at [todd.reed2011yahoo.com](mailto:todd.reed2011@yahoo.com) for more details about field, league and other sponsorship opportunities.

## **COMMUNITY OUTREACH**

We continually strive to improve our efforts to participate in community outreach and other programs. Please check our website for additional details.

## **LEAGUE REFUND POLICY**

The S.P.O.R.T.S. processing fee that is included in participant registration fees is non-refundable.

Refunds will be given (less the non-refundable fee) through May 31, the end of the open registration period.

Participants who sustain an injury prior to the start of the season will only be granted a refund with supporting documentation from a physician. If documentation from a physician is not provided, no refund will be given. Any injury that occurs during the season does not qualify for a refund of any amount.

At the conclusion of the open registration period, all other refunds will occur based on the below schedule:

Fall Sports

May 1 – June 15 – Refund after \$32 non-refundable is subtracted

June 16 – July 15 - 50% refund after \$32 non-refundable is subtracted

July 16 – July 31 – 25% refund after \$32 non-refundable is subtracted

After July 31 – No refund

The \$10 late fee for registrations after May 31 is also non-refundable

Thank you for supporting Fishers-HSE Youth Football.

If you have any questions, comments, or concerns, please contact Board President Tayt Odom at [FHSEYBL@gmail.com](mailto:FHSEYBL@gmail.com)